



The Net

A monthly publication of Holy Trinity Greek Orthodox Church
February 2020 | Vol. 12 | Issue 2

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Saint Theodore the Tyro And The Miracle of the Kolyva February 22

Today the Greek Orthodox Church remembers the miracle of Saint Theodore the Tyro and Kolyva (boiled wheat). On the two Saturdays before Lent and the first Saturday of Lent we celebrate Liturgies in which we commemorate our loved ones who have passed on. Lists of names are brought, together with Kolyva.



Fifty years after the death of Saint Theodore, the emperor Julian the Apostate (361-363), wanting to commit an outrage upon the Christians during the first week of Great Lent, commanded the city-commander of Constantinople to sprinkle all the food provisions in the marketplaces with the blood offered to idols. Saint Theodore appeared in a dream to Archbishop Eudoxius, ordering him to inform all the Christians that no one should buy anything at the marketplaces,

Today the Greek Orthodox Church remembers the miracle of Saint Theodore the Tyro and Kolyva (boiled wheat). On the two Saturdays before Lent and the first Saturday of Lent we celebrate Liturgies in which we commemorate our loved ones who have passed on. Lists of names are brought, together with Kolyva.

On Friday evening, at the Divine Liturgy of the Presanctified Gifts following the prayer at the ambo, the Canon to the holy Great Martyr Theodore, composed by Saint John of Damascus, is sung. After this, Kolyva is blessed and distributed to the faithful. The Troparion to Saint Theodore is quite similar to the Troparion for the Prophet Daniel and the Three Holy Youths (December 17, Sunday Before Nativity). The Kontakion to Saint Theodore, who suffered martyrdom by fire, reminds us that he also had faith as his breastplate (see I Thessalonians 5:8).

February 2020

New Year, New NET



Dear Brothers and Sisters in Christ,

Welcome to the newly renovated version of *The Net*! Just like houses, hairstyles, or cars, an update is refreshing. I'm grateful to Fr. Nick for

all his work in creating and maintaining *The Net* all these previous years. But there's a lot to love about this new, cleaner copy. What I love most is (nerd alert) that we've migrated the newsletter from Microsoft Word to Microsoft Publisher which will give us a lot more flexibility with how we use our space, and the modern design minimizes our frustration working within Word's constraints. I'm extremely excited to debut it to you, and I'm thankful for Cindy's assistance in making the redesign a reality for us. Please let me call attention to three noticeable differences:

Monthly Events – The previous design had a redundancy, where all the monthly events were typed out on page three, and then again provided in the calendar. If you want to see what the month holds for Holy Trinity, *you need to check the calendar*. I assure you, if an event is in our public calendar by the 25th of the month, it will make it to the print version.

The Calendar – We've made a clean and beautiful calendar, which is on the last page so you can cut it out if you wish. You'll notice that the calendar no longer has regularly scheduled liturgical services, favoring instead to call attention to deviations from the schedule (e.g. memorials). We have Orthros (at 8:50) and Divine Liturgy (at 10) every Sunday morning. We also have Sunday School every Sunday morning. We have confession and Paraklesis every Wednesday night. It will be blatantly displayed if something changes. For example: this month we won't have Paraklesis on Wednesday nights, and you'll see it on the calendar.


Communication – There's a lot going on here, not just at Holy Trinity but with Orthodox Christians all over the Ohio Valley and into Pittsburgh. The new design will allow us to better share multiple flyers or reports from different areas without creating errors in the newsletter. We also freed up space so you can hear from other leaders in the parish, such as our Parish Council president, Tony Mougianis, who graciously wrote a small introductory message on short notice.

Beyond that I hope you like the new design, and the freedom we have to communicate better all of the fun things happening here at Holy Trinity. As a web developer I learned to release a product that might not be as perfect as I want, in order to see what might not be working, and then make changes. Please bear with us if you see any flaws in our design.

In Christ,

Fr. Matthew

P.S. – Did you know you can receive *The Net*, as well as bulletins and other information via email? Join our Listserv by going to tinyurl.com/holytrinitymail.



Health Kit Drive and Assembly

Youth Volunteers and Monetary Donations Needed!

February 8, 2020 | 11:30 AM – 12:30 PM
Kit assembly will take place during International Soup Sampling to Benefit IOCC.


HOLY CROSS GREEK ORTHODOX CHURCH
123 Gilkeson Rd. (Mt. Lebanon) - Pittsburgh, PA 15228

All Orthodox Youth Groups are asked to participate.
Students, please bring your volunteer forms for school credit.

**OUR GOAL IS TO ASSEMBLE ONE THOUSAND HEALTH KITS.
DONATIONS ARE NEEDED TO PURCHASE BULK HEALTH KIT SUPPLIES.**

To donate, please make checks payable to "Holy Cross Agape Fund" with "IOCC Health Kit Project" in the memo, and mail to Nick Terezis, c/o IOCC, 306 Marberry Drive, Pittsburgh, PA 15215.

Please contact Deno at 412-833-8771 or dmpappas22@gmail.com to coordinate your youth group attendance.



A Note From the President

January 2020

Beloved fellow parishioners of Holy Trinity,

Happy New Year! It is indeed my privilege and honor to once again serve as your Parish Council President!

It is an exciting time and the beginning of a new era at Holy Trinity as we welcome in our new parish priest in Fr. Matthew Moore, Presbytera Jennifer, Adeline, Katherine, and Beatrice.

Join me in making them feel at home and wishing them many healthy and abundant years with our parish family here at Holy Trinity!

In the coming months, I will be sharing short updates on church happenings.

Please remember our Kitchen Fundraiser we need everyone's help. Every effort helps pay for this great new addition to Holy Trinity.

Thank you to all of you for your continued love and support of Holy Trinity.

I am always available to assist or help in any questions or concerns you may have. Office phone 740-264-6400 Cell 740-314-9538

Much Love and Blessings +

Tony Mougianis

President



2020 Parish Council and Father Matthew Moore



Parish Assembly Meeting
Sunday, February 16, 2020
11:30 a.m.

Vision Statement

The Vision of the Parish of Holy Trinity is to be the Living, Breathing, Loving, Eucharistic Community of Christ and the Apostles revealed in our lifetime.

Agenda

1. Opening Prayer
2. Nominations and Elections of General Assembly Officers
3. Approval of Minutes
4. Old Business
 - A. Kitchen Update
 - B. Hellenic Hall Catering
 - C. Bell Tower
5. New Business
 - A. 75th Anniversary
6. Good of the Order
7. Closing Prayer

Notes

HAPPY BIRTHDAY

The following people will be celebrating their birthdays in the month of February:

February

| | | | |
|----------------|------|---------------------|------|
| Louis Diniaco | 2-02 | Maria Panagis | 2-17 |
| Audrey Kallay | 2-04 | Adrianna Petrides | 2-17 |
| John Mastros | 2-04 | Kalioppe Diniaco | 2-18 |
| Don Richardson | 2-04 | Alexandria Tressler | 2-18 |
| Nikos Mastros | 2-06 | Shanley Demitras | 2-19 |
| Louise Riley | 2-06 | Zachary Moore | 2-20 |
| Manuel Fardis | 2-07 | Maria Caras | 2-25 |
| Anthony Zorne | 2-08 | Pat Harrington | 2-26 |
| Stella Panagis | 2-10 | Stan Figurski | 2-28 |
| Erma Rangos | 2-11 | Mary McElhaney | 2-29 |
| John Scavdis | 2-12 | | |

Prosfora Workshop





International Soup Sampling

TO BENEFIT IOCC

Saturday, February 8, 2020 | 11-2

Experience tastes from around the world!

Sample five homemade soups for \$10,
and take your favorite quart home for a \$10 donation.

HOLY CROSS GREEK ORTHODOX CHURCH

123 Gilkeson Rd. (Mt. Lebanon) • Pittsburgh, PA 15228

Register at iocc.org/pittsburgh

For questions or to pre-order soup (by January 25), contact
Marlaine at 412-668-0420 or marlaine.carmack@gmail.com



Youth groups & children's ministries from all jurisdictions
will assemble health kits. All area youth are invited!
Donations are needed to purchase bulk health kit supplies.
To sponsor kits, call Nick Terezis at 740.282.5198

2020 **REVISED** BAKING SCHEDULE

JANUARY

WEEK OF JANUARY 13TH – ONE DAY GRIND NUTS

JANUARY 21 & 23 – BAKLAVA (45 REG/15 CHOC)

JANUARY 28 – KOURAMBEDIES (MAKE SHELLS) (8 RECIPES/1800)

JANUARY 30 – FINISH BALAVA IF NEEDED

FEBRUARY

FEBRUARY 1 - 4 – DESTTEAM & BLANCH GRAPE LEAVES (OR 4TH – 6TH)

FEBRUARY 13 – 18 - 20 – 25 - GRAPE LEAVES

MARCH

MARCH 3 – SOUZOUKIKIA (ALSO MAKE SHELLS)

MARCH 10 – GALATOBOURIKO (40 TRAYS)

MARCH 17, 19, 24 KOULOURIKIA(270 DOZ/7 RECIPES DAY(650) INCLUDING LG-1000

APRIL

APRIL 6 – 7 – 8 – EASTER BREAD

NO BAKING WEEK OF APRIL 12TH – HOLY WEEK

APRIL 23 – KEFTEDES (IF TAVERNA IS MAKING PLATTERS)

APRIL 30 – NOODLES FOR PASTITSIO

MAY

MAY 1 – MEAT FOR PASTITSIO

MAY 2 – CREAMA & PUTTING TOGETHER OF PASTITSIO (80 PANS)

MAY 12– COOK RAISINS

MAY 14 - MAKE RAISIN/CHERRY SQUARES - MAKE SYRUP

JUNE – PREP WEEK

JUNE 1- 2 – 3 – MAKE SYRUP

JUNE 4 – 5 - 6 – 8 – BAKING BAKLAVA

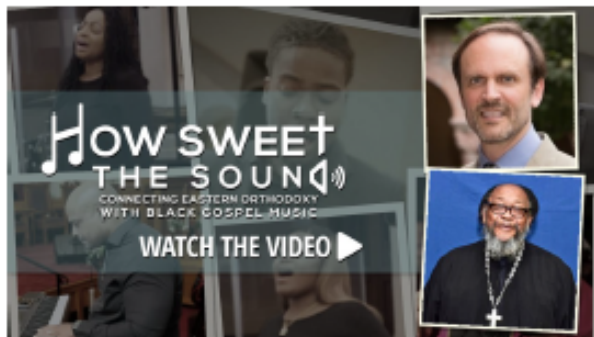
JUNE 4 OR 5 –RICE PUDDING ?– CONSULT WITH KITCHEN I SCHEDULE



A GOOD WORD—Λόγον Αγαθόν

MONTHLY NEWSLETTER OF THE
GREEK ORTHODOX METROPOLIS OF PITTSBURGH

ISSUE 28 — FEBRUARY 2020



EXPLORING MUSICAL CONNECTIONS

"How Sweet the Sound" is an innovative musical event taking place February 1 at 3:00 p.m. at Annunciation Cathedral in Columbus. Through the performances and presentations, the conference asks: What can a musical style from one Christian tradition reveal about another? What can we learn about one another through musical collaboration and experimentation? And how can music help us build bridges across communities? This event will explore the connections between Eastern Orthodoxy and Black Gospel music by presenting a newly-composed setting of the Orthodox Vespers in a Black Gospel style. The composer, Dr. Shawn Wallace, is a professor of jazz at The Ohio State University and a convert to Orthodoxy. The performers are experts in the Black Gospel tradition.

The performance will be preceded by presentations from Dr. Peter Bouteneff, a professor of Systemic Technology at St. Vladimir's Seminary (who also directs of the Arvo Part project there) and Father Moses Berry, a priest of the Orthodox Church of America who specializes in the connections between African Orthodoxy and the African-American experience.

Tickets are free but obtaining one before January 31st is requested. For more details, visit: <http://www.howsweetthesound.net>



OCF COLLEGE CONFERENCE

Testimonial by Nicholas & Sophia Goussetis

As Orthodox college students, we are often at odds with the experiences we are subjected to



on our campuses. For many of us, attending university presents the first time in our lives where we must consciously choose to be practicing Orthodox Christians. While we have countless opportunities to make choices consistent with the teachings of the faith, and many of us are blessed to take part in events and fellowship with our local OCF chapters, being an Orthodox Christian student at university can be a challenge.

We know we speak for others when we say that College Conference is a highlight of being an Orthodox college student. College Conference is a wonderful opportunity to develop knowledge of the faith, discuss meaningful and relevant topics, and cultivate connections with a pan-Orthodox group of students. We are always eager to enter an environment in which shared beliefs and backgrounds allow us to form lasting bonds and learn from our peers and the esteemed speakers.



After participating in the keynote address, workshops, discussion groups, and church services, we leave College

(Continued on page 2)



SUPPORT HIS EMINENCE AND THE METROPOLIS MINISTRIES

It costs approximately \$1,000 per day to operate our Metropolis—including Metropolitan Savas's pastoral visitations, preparations for Summer Camp and GOYA retreats, our vital registry (tracking marriages, baptisms, chrismations, and deaths), and more. Please consider sponsoring a day in the life of the Metropolis. To contribute, visit <https://pittsburgh.goarch.org/support>

(Continued from page 1)

Conference with many tools to enrich and reinvigorate our campus lives. Inspired by beautiful examples of Orthodoxy, we feel encouraged to share the same joy, love, and wisdom on our campuses.

Year after year, College Conference has been



essential to our college experience. Though the conference only lasts a few days, it truly has a lasting effect on our spiritual journeys, giving us a renewed sense of the

meaning of our faith. College Conference is the perfect opportunity to learn, reconnect, and continue to choose Orthodoxy.



Cleveland CLERGY-LAITY CONGRESS

JUNE 28 - JULY 3, 2020

More information for the Archdiocesan Clergy-Laity Congress will be in the next issue., or visit the official Congress website, where things will be posted as they become available: <http://www.clergylaity.org/>



YOUTH SAFETY UPDATE

Want to work with youth in your parish? Then you must become a Youth Worker.

Register, Screen, Train.

y2am.pittsburgh.goarch.org/safety or goarch.org/safety

All parishes must be complaint by 1.31.2020

Youth Workers must be registered - screened - trained

SAVE THE DATE!

Young Adult Spring Retreat

ENGAGING the non-religious with the Gospel of Jesus Christ

KEYNOTE SPEAKER: FR SERGIUS HALVORSEN

MARCH 13-15 | CAMP NAZARETH, MERCER, PA

Y2AM.PITTSBURGH.GOARCH.ORG

CROSSROAD PRIORITY DEADLINE: FEBRUARY 1

CrossRoad is a ten-day academic summer institute that prepares high school juniors and seniors to make big life decisions and invites them to connect with the Orthodox Christian theological and spiritual tradition. Participants from all over the country come together to experience daily worship, take theology classes from some of the best professors in the country, visit local parishes, serve their neighbor, tour the city, and even spend a day at the beach.

Numerous students from the Metropolis have participated in the program since its inception. For more information or to register, visit: <http://www.crossroadinstitute.org>



CROSSROAD
HELLENIC COLLEGE HOLY CROSS



GREEK ORTHODOX METROPOLIS OF PITTSBURGH

5201 Ellsworth Avenue, Pittsburgh, PA 15232 - <http://pittsburgh.goarch.org> - info@pittsburgh.goarch.org
412-621-5529 (Main) - 412-465-0460 (Camp) - 412-621-8543 (Youth) - 412-621-1522 (Fax)

His Eminence Metropolitan SAVAS of Pittsburgh, Presiding Hierarch

Fr. George Callos, Chancellor

Pres. Eileen Sedor, Receptionist

Marina Papafil, Camp Ministries Coordinator

ADn. Ryan Gzikowski, Asst. to Metropolitan & Registrar

Rhea Ballas, Youth & Young Adult Ministries Director

Maria Stamoolis, Director of Greek Education and Culture

Stacey Stathulis, Stewardship Ministries Coordinator

NET-MINDERS

The Parish of Holy Trinity would like to thank the following benefactors for making this Monthly Newsletter possible:

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of Nicholas
Mougianis**

**In Loving Memory
Of
Thomas & Angeliki
Caneris**




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- Allergy Testing and Treatment
- Hearing Aids

Philoptochos Society
"Friends of the Poor"

Women and Men Invited

See Angie Mahfood or Joanne McCraley to Join

FEBRUARY 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------------------------|---|--|-----|---|--|---|
| | No Wednesday Confession & Paraklesis for February | | | | <<<GOYA BBall Tourney—Canton>>> De-Stem Grape Leaves 9AM | |
| 2 GOYA BBall | 3 Choir Rehearsal 5PM Festival Mailing 6:30PM | 4 De-Stem Grape Leaves 9AM | 5 | 6 St. Photios Bible Study 10AM Philoptochos Meeting 6:30PM | 7 | 8 |
| 9 | 10 St. Haralambos Orthros & Liturgy 9AM Gyro Sale Prep 9AM | 11 Gyro Sale 10AM Parish Council 7PM | 12 | 13 Assemble Dolmathes 9AM Bible Study 10AM | 14 | 15 |
| 16 General Assembly 11:30AM | 17 St. Theodore Tyro Offices Closed Orthros & Liturgy 9AM | 18 Assemble Dolmathes 9AM AHEPA Meeting 5:30PM | 19 | 20 Assemble Dolmathes 9AM Bible Study 10AM | << GOYA BBall Tourney—PGH >> | |
| 23 GOYA BBall Meatfare Sunday | <<<<<< Begin Fasting from Meat>>>>>> | | | 27 Bible Study 10AM | 28 | 29 Saturday of Souls Orthros and Divine Liturgy 9AM |
| | | 25 Assemble Dolmathes 9AM | 26 | | | |

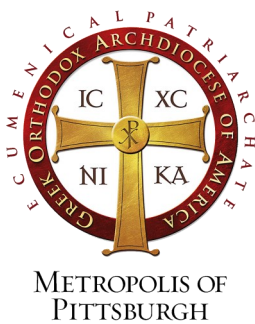


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Submissions for THE NET are to be submitted by the 20th of each month

Holy Trinity Greek Orthodox Church



Holy Trinity Church is a parish of the Greek Orthodox Metropolis of Pittsburgh (pittsburgh.goarch.org) and Greek Orthodox Archdiocese of America (goarch.org) under the Spiritual Jurisdiction of the Ecumenical Patriarchate of Constantinople.

The mission of the Holy Trinity Greek Orthodox Church of Steubenville, Ohio, is to be disciples of Jesus Christ by sharing the joy of the Orthodox faith through love, compassion and charity for all.